

## Spectrum II series Perkl-Light (tm) "Experiential Settings"

3/9/2012

Everyone responds to the Perkl-Light differently. You are invited to explore these settings to learn more about the sorts of things you can do with your Perkl-Light, and how your body responds to the energy. In addition to using these settings, you are encouraged to learn to find your own settings using the scanning technique or the blink technique (taught on the blue DVD), muscle-testing, pendulum, or your own intuition. These settings were determined intuitively, are largely untested, and should not be considered a substitute for proper medical care.

Just to be clear, the Perkl-Light is not a medical device. It is a chi-generating device. When you tune it into a body part, a body system or process, or an aspect of your consciousness or energy field, you are exploring directing chi toward that body part (etc.), for the purpose of clearing energy blocks, and generally increasing the amount of chi associated with that body part (etc.). For example, a setting related to the pancreas is not intended to heal the pancreas in a medical sense, but rather, to clear any blocks to the flow of chi and increase the chi in the pancreas, to assist the body in expressing greater wellness in that area.

red	green	blue	intention
29	63	13	Alignment with your life's purpose
27	20	23	Arthritis - sensitivity to pressure changes
43	60	53	Believe in yourself
38	45	15	Bioenergetic Nourishment at the cellular level
41	29	10	Bioenergetic Nourishment at the cellular level
52	49	24	Blood pressure and cardiovascular health
29	38	33	Caffein - mitigate the effects of
33	43	18	Chill and Integrate - USE FOR A HEALING CRISIS - very helpful
20	33	32	Clarity and focus - freedom from limitation
19	34	27	Comfort
53	45	14	Cooperation with Divine Timing
20	30	15	Depression
35	51	51	Drug addiction
44	59	19	Drug addiction - traces of Marijuana in your aura
7	7	1	Ears - ringing in the ears
23	14	15	Eating - having energy after - also, helps with limitations
32	41	18	Effective Action
93	96	70	Enjoying life
69	74	59	Enjoying your partner
52	63	29	Enjoying being yourself
93	92	27	Enjoying yourself/having a good time
33	33	14	Eye - help the eyes in general - help with seeing the best way forward
15	32	35	Eye - Floaters in eye
42	51	35	Fear of rejection - overcoming
69	45	28	Fear of not being in control
63	33	23	Fear/having to be in control
35	11	2	Fear of love
36	24	23	Fear of intimacy
46	24	3	Fear of success
24	17	0	Fear of failure
60	46	2	Fear of not being enough
56	44	24	Fear of not being lovable
38	46	17	Fear of criticism
74	63	14	Fear of going for it - fear of truly expressing your potential
56	49	42	Fear of enjoying your life/pleasure
78	61	58	Fear of speaking your Truth
54	82	73	Fear of being yourself

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55	63	31	Fear - learned helplessness
45	92	35	Fear of power
98	69	53	Fear of not being in power
46	51	36	Fear of God's power
65	45	16	Fear of your own power
53	44	27	Fear of God/Spirit working through you - of being "on your mission/life purpose"
94	79	50	Fear/block to taking the next step in your growth (use when you are resisting supporting yourself in any way)
80	106	28	Fear of expressing your unique Self
52	40	34	Fertility - particularly relating to egg quality in older women
56	57	30	Flexibility in times of change
45	41	57	Flow - cooperation with the "Flow"
49	42	26	Flow - surrendering control to Spirit
20	24	13	Fungus - fools immune system into thinking it belongs there
45	52	39	Fungus - take advantage of a perceived weakness
30	21	11	Fungus (Hannah Kroger "shin shin shin")
38	82	77	Generosity
21	41	16	Gout - energies of self-limitation contributing to gout
33	27	20	Grounding
45	31	29	Guilt
16	20	5	Happiness - undercurrent of Happiness
17	11	12	Hearing (general)
27	2	9	Hearing (general)
30	41	25	Hearing (general)
17	31	9	Hearing (general)
24	32	4	Hearing - damaged hairs in cochlea
20	41	24	Hearing - clogged eustation tubes
13	32	19	Immune - respond to new threats
33	24	0	Integrate and soothe (healing limitations) (GOOD!)
37	9	3	Integration of inner changes
42	75	15	Interrupting (in a conversation)
16	47	17	Judging one's darkness as bad
39	58	30	Lay Lines (geopathic) - issues with
15	51	6	Liver and digestive tract toxicity
13	44	32	Living within your means
90	105	151	Loving yourself
83	99	74	Loving another
140	183	139	Loving Spirit/God
29	48	28	Manifesting your life so that you like it
31	72	19	Mercury in Retrograde (use for ~4 hr/day)
45	36	13	Muscle tightness causing pain in the body
25	50	19	Neediness
42	84	15	Negativity - help to clear (REALLY GOOD!)
56	95	7	Open to your life's purpose
58	27	16	Overeating
45	31	12	Pain - Embrace the pain and let it tell you how to set your Perki-Light (using the scanning technique)
48	57	4	Pancreas
13	58	11	Paraplegia (will this actually work? - untested as of 12/2010)
32	44	17	Personal Power - embracing (layer of the onion) REALLY GOOD - SUPPORTS PRODUCTIVITY

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57	49	34	Placate - placate your self because you believe you are not enough
65	13	19	Placate - disconnecting from your Self to be what you think others want you to be
22	15	7	Placate - giving your power away
36	31	5	Placate - rage as a result of not getting your needs met due to taking care of others
33	37	33	Placate - return to Self
0	21	43	Placate - Love and Value your Self - Affirmation: "I love and value myself."
52	25	4	Positive attitude
26	17	46	Productivity
16	49	25	Wealth/prosperity - gratitude for what you already have is a foundation/starting point for prosperity (recognizing self as already prosperous)
24	26	9	Prosperity
26	18	19	Prosperity - adjust "wealth thermostat" higher
37	38	7	Prostate
29	6	0	Prostate - shut off urine stream
30	29	31	Protection from energetics of fear
25	39	6	Radiation - protect your biofield from subtle-energy effects
31	32	16	Resourcefulness
18	55	10	R-space D-space (inspired by Bill Tiller's work)
31	16	4	R-space D-space (inspired by Bill Tiller's work - alternative)
41	35	18	Reiki anesthesia clearing (similar to)
37	15	25	Self Control - an energy that would help a dieter turn down chocolate, for eg. Affirmation - "I don't need that."
36	30	6	Self Empowerment (Empowerment of Spirit working through you). Affirmation - "Let's make it happen."
26	37	26	Self Esteem
21	20	10	Self-Forgiveness. Affirmation - "It's ok. I'm still a good person."
17	15	7	Sleep (insomnia)
27	15	11	Smoking
28	20	0	Stillness, calm and nurturing
33	41	23	Taking on other people's energies (i.e. being over-empathetic). Helps you observe the other person's energy while maintaining the integrity of your own.
38	30	5	Taxes - helps with dislike of paying taxes
55	96	24	Theta Healing (Similar to)
51	51	8	Thought Forms - recycling negative thoughts - clearing thought forms out of the aura
59	69	29	Thyroid - silent bacteria or virus underlying Hashimoto's autoimmune disorder - where immune system attacks thyroid.
51	59	33	True Self
80	27	9	True Self - Expanding your expression more fully into who you really are
50	36	8	Vitamin D made in the skin
36	12	0	Willingness to receive
29	27	8	Wireless signals - Mitigate the effects of (seems to improve mental clarity)